

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 January 2026 HAPPY JANUARY BIRTHDAYS TO... Peggy 01/01 Patricia 01/02 Joan 01/12 Jackie 01/02 Lawrence 01/05 Helen 01/05 Norma 01/13 Mary 01/20 Pat 01/21 Ralph 01/26 Ann 01/28				9:30 am – Walking Club 10:30 am – Cardio Stretch (A) 1:30 pm – Crafty Corner (A) 2:00 pm – Snack Time (L) 3:00 pm – Game Puzzle (A) 3:30 pm – Reading Time! New Year's Day	9:30 am – Walking Club 9:45 am – St Vincent de Paul 10:30 am – Chair Yoga (A) 1:30 pm – Balloon Volley (L) 2:00 pm – Cookies Time (L) 3:00 pm – Social Hour (L)	9:30 am – Daily Walk 10:00 am – Daily Chronicles 2:00 pm – Matinee: "Christmas with the Kranks" 2:30 pm – Coloring Time (L) 3:00 pm – Board Game (L) 3:30 pm – Reading Time!
9:30 am – Daily Walk 10:00 am – Daily Chronicles at the front Desk (L) 1:00 pm – Residents Choice Matinee! (A) 1:00 pm – NFL Games (L) 2:30 pm – Board Game (L) 3:30 pm – Game Puzzle (A)	9:30 am – Walking Club 10:00 am – Chair Exercise(A) 10:30 am – Spiritual Therapy(A) 1:30 pm – Manicure (A) 2:00 pm – Bingo (A) 3:30 pm – Brain Games (A)	9:30 am – Walking Club 10:00 am – Catholic Mass 1:00 pm – Snack Social (L) 1:30 pm – TCT Exercise Class (A) 2:30 pm – Cornhole (L) 3:30 pm – Crossword (L)	9:30 am – Walking Club 9:45 am – Korger Trip 1:15 pm – Baking Club (A) 2:00 pm – Balloon Volley (L) 2:30 pm – Bingo! (A) 3:30 pm – Coloring & Music Therapy (A)	9:30 am – Walking Club 10:30 am – Cardio Stretch (A) 1:30 pm – Community Art (A) 2:00 pm – Scenic Drive 3:00 pm – Word Puzzle (A) 3:30 pm – Ashford Chair Travel to Alaska! (A)	9:30 am – Walking Club 9:45 am – Library Trip 10:30 am – Chair Yoga (A) 1:30 pm – Manicure (A) 2:00 pm – Cookies Time (L) 3:00 pm – Social Hour (L)	9:30 am – Daily Walk 10:00 am – Daily Chronicles 2:00 pm – Matinee: "Misery – Kathy Bates" 2:30 pm – Coloring Time (L) 3:00 pm – Crossword (L) 3:30 pm – Reading Time!
9:30 am – Daily Walk 10:00 am – Daily Chronicles at the front Desk (L) 1:00 pm – Residents Choice Matinee! (A) 1:00 pm – NFL Games (L) 2:30 pm – Crossword (L) 3:30 pm – Reading Time!	9:30 am – Walking Club 10:00 am – Chair Exercise(A) 10:30 am – Spiritual Therapy(A) 1:30 pm – Manicure (A) 2:00 pm – Bingo (A) 3:30 pm – Karaoke (A)	9:30 am – Walking Club 10:00 am – Catholic Mass 1:00 pm – Snack Social (L) 1:30 pm – TCT Exercise Class (A) 2:30 pm – Karaoke (L) 3:30 pm – Board Game (L)	9:30 am – Walking Club 9:45 am – Korger Trip 1:15 pm – Snack Time (A) 2:00 pm – Balloon Volley (L) 2:30 pm – Trivia! (A) 3:30 pm – Coloring & Music Therapy (A)	9:30 am – Walking Club 10:30 am – Cardio Stretch (A) 1:30 pm – Cooking Class (A) 2:00 pm – Scenic Drive 3:00 pm – Game Puzzle (A) 3:30 pm – Reading Time!	9:30 am – Walking Club 9:45 am – Dollar Tree Trip 10:30 am – Chair Yoga (A) 1:30 pm – Balloon Volley (L) 2:00 pm – Cookies Time (L) 3:00 pm – Social Hour (L)	9:30 am – Daily Walk 10:00 am – Daily Chronicles 2:00 pm – Matinee: "A Farewell to Arms" 2:30 pm – Coloring Time (L) 3:00 pm – Board Game (L) 3:30 pm – Reading Time!
9:30 am – Daily Walk 10:00 am – Daily Chronicles at the front Desk (L) 1:00 pm – Residents Choice Matinee! (A) 1:00 pm – NFL Games (L) 2:30 pm – Board Game (L) 3:30 pm – Game Puzzle (A)	9:30 am – Walking Club 10:00 am – Chair Exercise(A) 10:30 am – Spiritual Therapy(A) 1:30 pm – Manicure (A) 2:00 pm – Bingo (A) 3:30 pm – Brain Games (A) Martin Luther King Jr. Day	9:30 am – Walking Club 10:00 am – Catholic Mass 1:00 pm – Snack Social (L) 1:30 pm – TCT Exercise Class (A) 2:30 pm – Cornhole (L) 3:30 pm – Crossword (L)	9:30 am – Walking Club 9:45 am – Korger Trip 1:15 pm – Baking Club (A) 2:00 pm – Balloon Volley (L) 2:30 pm – Bingo! (A) 3:30 pm – Coloring & Music Therapy (A)	9:30 am – Walking Club 10:30 am – Cardio Stretch (A) 1:30 pm – Crafty Corner (A) 2:00 pm – Scenic Drive 3:00 pm – Word Puzzle (A) 3:30 pm – Ashford Chair Travel to Switzerland! (A)	9:30 am – Walking Club 9:45 am – Walmart Trip 10:30 am – Chair Yoga (A) 1:30 pm – Manicure (L) 2:00 pm – Cookies Time (L) 3:00 pm – Social Hour & Live Entertainment with Bobby (L)	9:30 am – Daily Walk 10:00 am – Daily Chronicles 2:00 pm – Matinee: "The Men Who Knew Too Much" 2:30 pm – Coloring Time (L) 3:00 pm – Crossword (L) 3:30 pm – Reading Time!
9:30 am – Daily Walk 10:00 am – Daily Chronicles at the front Desk (L) 1:00 pm – Residents Choice Matinee! (A) 1:00 pm – NFL Games (L) 2:30 pm – Crossword (L) 3:30 pm – Reading Time!	9:30 am – Walking Club 10:00 am – Chair Exercise(A) 10:30 am – Spiritual Therapy(A) 1:30 pm – Manicure (A) 2:00 pm – Bingo (A) 3:30 pm – Karaoke (A) Australia Day (Observed)	9:30 am – Walking Club 10:00 am – Catholic Mass 1:00 pm – Snack Social (L) 1:30 pm – TCT Exercise Class (A) 2:30 pm – Karaoke (L) 3:30 pm – Board Game (L)	9:30 am – Walking Club 9:45 am – Korger Trip 1:15 pm – Snack Time (A) 2:00 pm – Resident Council (A) 2:30 pm – Trivia! (A) 3:30 pm – Coloring & Music Therapy (A)	9:30 am – Walking Club 10:30 am – Cardio Stretch (A) 1:30 pm – Crafty Corner (A) 2:00 pm – Scenic Drive 3:00 pm – Game Puzzle (A) 3:30 pm – Reading Time!	9:30 am – Walking Club 9:45 am – St Vincent de Paul 10:30 am – Chair Yoga (A) 1:30 pm – Balloon Volley (L) 2:00 pm – Cookies Time (L) 3:00 pm – Social Hour (L)	9:30 am – Daily Walk 10:00 am – Daily Chronicles 2:00 pm – Matinee: "The Scarlet Letter" 2:30 pm – Coloring Time (L) 3:00 pm – Board Game (L) 3:30 pm – Reading Time!